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MENOPAUSE THE DRUG-FREE WAY



SPCK Publishing. Paperback. Book Condition: new. BRAND NEW, Menopause the Drug-Free Way, Juliet Bressan, Doctors are traditionally keen to medicalise the menopause, but, in the face of ongoing controversy about HRT, there is an increasing call for a natural menopause. Written by a GP, Menopause the Drug Free Way gives a strong, positive message about how women may empower themselves and develop a joyful attitude to life. It explains what's really going on inside the body at this time of...

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- Authored by Juliet Bressan
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