



The Organic Baby and Toddler Cookbook

By Daphne Lambert, Tanya Maxted-Frost

Green Books. Paperback. Book Condition: new. BRAND NEW, The Organic Baby and Toddler Cookbook, Daphne Lambert, Tanya Maxted-Frost, The Organic Baby & Toddler Cookbook is a comprehensive but easy-to-follow guide to feeding babies from weaning to toddlerhood. It recommends a seasonal, mainly raw or lightly cooked wholefood organic diet, emphasising raw food in spring and summer and lightly cooked foods in autumn and winter.



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Reviews

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