



Brain Power Strategies: Improve Memory, Cognitive Skills, I.Q. and Mind Power, Mental Focus and Productivity, and Learn about Power Foods for the Brain!

By Ryan Cooper

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Brain Power Strategies For Incredible Mental Focus And Mind Power!Today only, get this Amazing Amazon book for this incredibly discounted price!This Brain Power Strategies book contains proven steps and strategies on how to massively increase your cognitive skills, I.Q. And Mind Power, Mental Focus And Productivity, And much more!If you are in need of increasing your brain s abilities and function to operate quickly and effortlessly, well you have come to the right place! This book was written to help you understand how incredibly powerful our brains are, and more importantly, how you can make your mind power skyrocket! I have included many practical exercises to help you increase your overall brain capacity and abilities. This will help you stretch your brain muscle so to speak so you can build more and ramp up the possibilities of your mind.This book is not just for students, teachers, scientists, or ambitious professionals. Bear in mind that a healthy mind does not simply involve memorizing long lists or being able to compute to the twenty-seventh decimal place. Improving your brain power...



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