

## Counselling Skills



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*(Zella Bradtke)*

## COUNSELLING SKILLS



Ritu Publications, 2015. Hardcover. Book Condition: New. Dust Jacket Condition: New. 1st Edition. Contents: Preface. 1. The art of counseling. 2. Client variables. 3. Career counseling. 4. Methodological aspects. 5. Hollands inventions. 6. Kuder occupational interest survey (KOIS). 7. Strong interest inventory. 8. Jackson vocational interest survey (JVIS). 9. Cognitive information processing (CIP). 10. General aptitude tests battery (GATB). 11. Psychological tests battery for cognitive aptitudes (BTPAC). 12. Curriculum vitae. 13. Presentation letter. 14. Competence screening. 15. SWOT analysis. 16. Interview. 17. Narration. 18. Observation. This book will provide you with an understanding of what it means to be an effective helper the opportunity to learn the classic theories of counseling and psychotherapy, the ability for you to review some recent popular theories of counseling and psychotherapy, a brief overview of extensions, adaptations and spinoffs of the major theories, and the opportunity for you to reflect on your own approach to conducting counseling and psycho-therapy. Extremely practical the book presents students with a clear format on how to run a group built around four phases of work the preliminary preparatory phase the beginning contracting phase the middle work phase and the ending and transition phase. (jacket).



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